

# RESOURCES FOR IMPROVED HEALTH AND WELL-BEING

Community Health Partnership of Marinette County



Access by holding your smartphone camera over the QR code and clicking on the pop-up, or by using a QR Code Reader.

## PHYSICAL ACTIVITY COMMUNITY RESOURCE GUIDE



Ways for you and your family to have fun with various forms of physical activity in Marinette County

## MENTAL HEALTH AND SUBSTANCE ABUSE RESOURCE GUIDE



A list of supports related to crisis, basic needs, treatment and recovery in and around Marinette County

